

On the Path to wholeness in relationship:

1. Spend some time each day on things of the Spirit (if possible, a spiritual practice is ideal) with the understanding that the healing of childhood wounds is a deep metaphor for the journey from self to Self.
2. We learn to see our partner not as someone there to save us, but as a partner on our healing path.
3. We don't expect our partner to magically intuit our needs. We take responsibility for communicating our needs and desires to our partner.
4. We do our best to give our partner the love they never received.
5. We create an atmosphere in which each can be true to themselves and grow.
6. We do things for each other in the spirit of joy rather than obligation.
7. We work together to cultivate truth, Spirit, and beauty and continue the work on ourselves to develop our strengths and gifts.
8. We remember to have fun together.
9. We embrace the timeless truth that a successful relationship requires commitment, discipline, and the courage to grow and change.
10. We commit to commitment and cultivate an ecstatic overview.